

# **Rhodes Pool - Swim Lessons and Competitive Teams**

#### 254098 - Rhodes Pool - Sea Babies

Adult accompaniment required. Instructor lead program to introduce new swimming and water safety skills that are developmentally appropriate for infants and young children. It is important to understand that Sea Babies is not designed to teach children how to become good swimmers or even be able to survive in the water on their own. Great experiences and fun activities are provided to teach infants and young children to enter and exit the water safely, feel comfortable in the water, submerge and explore breath control, explore floating on back and front, change body position in the water, play safely in the water. CHILD MUST WEAR A SWIM DIAPER. \$5 non-refundable fee for all program cancellations. Please call 480-644-4950 for program information. This class is comparable to the American Red Cross Parent/Child Level 1.

254098-11	Ages .5 First	1.6	Begins 06/01/2010 ass meets Tues	<b>Ends</b> 06/10/2010 s-Fri.	<b>Days</b> MTuWTh	Starts 10:00 AM	<b>Ends</b> 10:30 AM	<b>Location</b> Rhodes Junior High Pool	<b>Res/NR Fee</b> \$21.00/\$25.00	Min 6	<b>Max</b> 12
254098-21	.5	1.6	06/14/2010	06/24/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254098-31	.5	1.6	06/28/2010	07/08/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254098-41	.5	1.6	07/12/2010	07/22/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12

#### 254104 - Rhodes Pool - Sea Toddlers

Adult accompaniment required. Instructor lead program to introduce swimming and water safety skills that are developmentally appropriate for infants and toddlers. Routines and the familiar are extremely important to this age group. Each class uses toys, songs, fun and games to keep the children engaged and enjoying the water experience, all while teaching them basic aquatic skills. Fun activities will be provided to allow your child to: build in the skills from Sea Babies and: learn more ways to enter and exit the water safely, submerge in a rhythmic pattern, glide on the front and back with assistance, begin to perform freestyle and backstroke and changing body position in the water. CHILD SHOULD WEAR A SWIM DIAPER.\$5 non-refundable fee for all program cancellations.Please call 480-644-4950 for program information. This class is comparable to the American Red Cross Parent/Child Level 2.

254104-12	Ages 1.58 3 First week cl	Begins 06/01/2010 ass meets Tues-	<b>Ends</b> 06/10/2010 Fri.	<b>Days</b> MTuWTh	Starts 10:35 AM	<b>Ends</b> 11:05 AM	<b>Location</b> Rhodes Junior High Pool	<b>Res/NR Fee</b> \$21.00/\$25.00	<b>Min</b> 6	<b>Max</b> 12
254104-13	1.58 3 First week cl	06/01/2010 ass meets Tues-	06/10/2010 Fri.	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254104-22 254104-23	1.58 3 1.58 3	06/14/2010 06/14/2010	06/24/2010 06/24/2010	MTuWTh MTuWTh	10:35 AM 11:10 AM	11:05 AM 11:40 AM	Rhodes Junior High Pool Rhodes Junior High Pool	\$21.00/\$25.00 \$21.00/\$25.00	6 6	12 12

254104-32	1.58	3	06/28/2010	07/08/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254104-33	1.58	3	06/28/2010	07/08/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254104-42	1.58	3	07/12/2010	07/22/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254104-43	1.58	3	07/12/2010	07/22/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12

# 254107 - Rhodes Pool - Sea Sprites

In Sea Sprites our instructors follow a plan to introduce new swimming and water safety skills that are appropriate for young children. Sea Sprites puts the "fun" in fundamentals. Each class is loaded with enjoyable, engaging and challenging activities that motivate children to want to perform and learn to swim. Some of the milestones in Sea Sprites include: enter and exit the water independently, bobbing, open eyes under water to retrieve objects, front and back floats and glides and recovery, roll from front to back and back to front, tread water, beginning freestyle and backstroke. If child is not 100% potty trained they must wear a swim diaper.\$5 non-refundable fee for all program cancellations.Please call 480-644-4950 for program information. This class is comparable to the American Red Cross Preschool Aquatics Level 1 & 2.

254107-11	Ages 3 First w	4.99 eek cla	Begins 06/01/2010 ass meets Tues	<b>Ends</b> 06/10/2010 -Fri.	<b>Days</b> MTuWTh	Starts 10:00 AM	<b>Ends</b> 10:30 AM	<b>Location</b> Rhodes Junior High Pool	<b>Res/NR Fee</b> \$21.00/\$25.00	Min 6	<b>Max</b> 12
254107-12	3 First w	4.99 eek cla	06/01/2010 ass meets Tues	06/10/2010 -Fri.	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254107-13	3 First w	4.99 eek cla	06/01/2010 ass meets Tues	06/10/2010 -Fri.	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254107-21	3	4.99	06/14/2010	06/24/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254107-22	3	4.99	06/14/2010	06/24/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254107-23	3	4.99	06/14/2010	06/24/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254107-31	3	4.99	06/28/2010	07/08/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254107-32	3	4.99	06/28/2010	07/08/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254107-33	3	4.99	06/28/2010	07/08/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254107-41	3	4.99	07/12/2010	07/22/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254107-42	3	4.99	07/12/2010	07/22/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254107-43	3	4.99	07/12/2010	07/22/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6

# 254117 - Rhodes Pool - Sea Otters

Otters class helps participants feel comfort in the water. Our instructors follow a plan to introduce new swimming and water safety skills and build on previously learned skills. Each class is loaded with fun, engaging and challenging activities that motivate children to want to perform and learn to swim. In Sea Otters your child will be introduced to basic skills as a foundation to the future. Certain milestones are necessary for successful completion of Sea Otters including: Entering and exiting the water independently, traveling at least 5 yards, bobbing, gliding for at least 2 body lengths, rolling to a back float for 3 seconds and recovery. \$5 non-refundable fee for all program cancellations. Please call 480-644-4950 for program information. This class is comparable to the American Red Cross Learn to Swim Level 1.

254117-11	Ages 4 First w	 Begins 06/01/2010 ss meets Tues-	 <b>Days</b> MTuWTh	Starts 10:00 AM	<b>Ends</b> 10:30 AM	<b>Location</b> Rhodes Junior High Pool	<b>Res/NR Fee</b> \$21.00/\$25.00	Min 3	<b>Max</b> 6
254117-12	4 First w	 06/01/2010 ss meets Tues-	 MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6

254117-13	4 First	18.99 week cla	06/01/2010 ss meets Tues	06/10/2010 s-Fri.	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254117-21	4	18.99	06/14/2010	06/24/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254117-22	4	18.99	06/14/2010	06/24/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254117-23	4	18.99	06/14/2010	06/24/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254117-31	4	18.99	06/28/2010	07/08/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254117-32	4	18.99	06/28/2010	07/08/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254117-33	4	18.99	06/28/2010	07/08/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254117-41	4	18.99	07/12/2010	07/22/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254117-42	4	18.99	07/12/2010	07/22/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254117-43	4	18.99	07/12/2010	07/22/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6

#### 254120 - Rhodes Pool - Sea Horses

Sea Horse class gives participants success with fundamental skills. Our instructors follow a plan to introduce new swimming and water safety skills and build on previously learned skills. Each class is loaded with fun engaging and challenging activities that motivate children to want to perform and learn to swim. Some of the components taught and improved in Sea Horses are: Entering the water by jumping in at the side, fully submerging and holding breath, bobbing, opening eyes under water to recover submerged objects, front and back floats, recover to a vertical position, changing direction while swimming on front and back, freestyle and backstroke. Adjustment to deep water is also covered.\$5 non-refundable fee for all program cancellations.Please call 480-644-4950 for program information. This class is comparable to the American Red Cross Learn to Swim Level 2.

254120-11	Ages 5 18.99 First week cla	Begins 06/01/2010 ass meets Tues	<b>Ends</b> 06/10/2010 Fri.	<b>Days</b> MTuWTh	Starts 10:00 AM	<b>Ends</b> 10:30 AM	<b>Location</b> Rhodes Junior High Pool	<b>Res/NR Fee</b> \$21.00/\$25.00	Min 3	<b>Max</b> 6
254120-12	5 18.99 First week cla	06/01/2010 ass meets Tues	06/10/2010 -Fri.	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254120-13	5 18.99 First week cla	06/01/2010 ass meets Tues	06/10/2010 -Fri.	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254120-21	5 18.99	06/14/2010	06/24/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254120-22	5 18.99	06/14/2010	06/24/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254120-23	5 18.99	06/14/2010	06/24/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254120-31	5 18.99	06/28/2010	07/08/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254120-32	5 18.99	06/28/2010	07/08/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254120-33	5 18.99	06/28/2010	07/08/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254120-41	5 18.99	07/12/2010	07/22/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254120-42	5 18.99	07/12/2010	07/22/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254120-43	5 18.99	07/12/2010	07/22/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	6

#### 254125 - Rhodes Pool - Sea Stars

Sea Stars is a stroke development class and builds on the skills from Sea Horses through additional guided practice in deeper water. Each class is loaded with fun, engaging and challenging activities that motivate children to want to perform and learn to swim. Skills performed in this class include: jumping into deep water from the side, swimming the freestyle and backstroke for 15 yards, treading or floating for 30 seconds, breastroke and dolphin kicks and beginning diving skills are introduced in this class. \$5 non-refundable fee for all program cancellations. Please call 480-644-4950 for program information. This class is comparable to the American Red Cross Learn to Swim Level 3.

254125-11	Ages 6 18.99 First week cla	Begins 06/01/2010 ass meets Tues	<b>Ends</b> 06/10/2010 s-Fri.	<b>Days</b> MTuWTh	Starts 10:00 AM	<b>Ends</b> 10:30 AM	<b>Location</b> Rhodes Junior High Pool	<b>Res/NR Fee</b> \$21.00/\$25.00	Min 3	<b>Max</b> 6
254125-12	6 18.99 First week cla	06/01/2010 ass meets Tues	06/10/2010 s-Fri.	MTuWTh	10:35 AM	11:35 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254125-13	6 18.99 First week cla	06/01/2010 ass meets Tues	06/10/2010 s-Fri.	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254125-14	6 18.99 First week cla	06/01/2010 ass meets Tues	06/10/2010 s-Fri.	MTuWTh	11:45 AM	12:15 PM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254125-21	6 18.99	06/14/2010	06/24/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254125-22	6 18.99	06/14/2010	06/24/2010	MTuWTh	10:35 AM	11:35 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254125-23	6 18.99	06/14/2010	06/24/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254125-31	6 18.99	06/28/2010	07/08/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254125-32	6 18.99	06/28/2010	07/08/2010	MTuWTh	10:35 AM	11:35 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254125-33	6 18.99	06/28/2010	07/08/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254125-41	6 18.99	07/12/2010	07/22/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254125-42	6 18.99	07/12/2010	07/22/2010	MTuWTh	10:35 AM	11:35 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6
254125-43	6 18.99	07/12/2010	07/22/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	3	6

# 254130 - Rhodes Pool - Swim Stars

In the Swim Stars class participants develop confidence and improve upon the skills previously learned. Each class is loaded with fun, engaging and challenging activities that motivate children to want to perform and learn to swim better. Some of the milestones of the Swim Stars class are: headfirst entries, swimming under water, swimming the freestyle for 25 yards, swimming the elementary backstroke for 25 yards, improvement in backstroke, breastroke and butterfly while learning open turns on back and front. \$5 non-refundable fee for all program cancellations. Please call 480-644-4950 for program information. This program is comparable to the American Red Cross Learn to Swim Level 4.

254130-11	-		Begins 06/01/2010 ss meets Tues-	<b>Ends</b> 06/10/2010 -Fri.	<b>Days</b> MTuWTh	Starts 10:00 AM	<b>Ends</b> 10:30 AM	<b>Location</b> Rhodes Junior High Pool	<b>Res/NR Fee</b> \$21.00/\$25.00	Min 4	<b>Max</b> 8
254130-12	-		06/01/2010 ss meets Tues-	06/10/2010 -Fri.	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254130-13	-		06/01/2010 ss meets Tues-	06/10/2010 -Fri.	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254130-21	6 1	15.99	06/14/2010	06/24/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254130-22	6 1	15.99	06/14/2010	06/24/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254130-23	6 1	15.99	06/14/2010	06/24/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254130-31	6 1	15.99	06/28/2010	07/08/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254130-32	6 1	15.99	06/28/2010	07/08/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254130-33	6 1	15.99	06/28/2010	07/08/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254130-41	6 1	15.99	07/12/2010	07/22/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254130-42	6 1	15.99	07/12/2010	07/22/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8

254130-43 6 15.99 07/12/2010 07/22/2010 MTuWTh 11:10 AM 11:40 AM Rhodes Junior High Pool \$21.00/\$25.00 4 8

#### 254135 - Rhodes Pool - Stroke Stars

In Stroke Stars class our instructors follow a plan to introduce new swimming skills and to build on ones previously learned. The expectations are higher for participants now in regards to distance and quality. Each class is loaded with engaging and challenging activities and drills to build endurance and improve technique, as well as improve fitness level. More advanced racing starts are introduced and competitive strokes will be improved to prepare students for competitive swimming experiences.\$5 non-refundable fee for all program cancellations. Please call 480-644-4950 for program information. This class is comparable to the American Red Cross Learn to Swim Level 5 & 6.

254135-11	<b>Ages</b> 8 First v	16.99	Begins 06/01/2010 ss meets Tues	<b>Ends</b> 06/10/2010 -Fri.	<b>Days</b> MTuWTh	Starts 10:00 AM	<b>Ends</b> 10:30 AM	<b>Location</b> Rhodes Junior High Pool	<b>Res/NR Fee</b> \$21.00/\$25.00	Min 4	<b>Max</b> 8
254135-12	8 First v	16.99 veek cla	06/01/2010 ss meets Tues	06/10/2010 -Fri.	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254135-13	8 First v	16.99 veek cla	06/01/2010 ss meets Tues	06/10/2010 -Fri.	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254135-21	8	16.99	06/14/2010	06/24/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254135-22	8	16.99	06/14/2010	06/24/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254135-23	8	16.99	06/14/2010	06/24/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254135-31	8	16.99	06/28/2010	07/08/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254135-32	8	16.99	06/28/2010	07/08/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254135-33	8	16.99	06/28/2010	07/08/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254135-41	8	16.99	07/12/2010	07/22/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254135-42	8	16.99	07/12/2010	07/22/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254135-43	8	16.99	07/12/2010	07/22/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8

# 254160 - Rhodes-Beg. Diving Lessons

In this class the foundations of proper springboard diving are taught. Safety, diving board approach and hurdle, water entry and basic competitive dives are covered. Participants must be 6 years of age and must be able to swim comfortably in deep water for enrollment.\$5 non-refundable fee for all program cancellations.Please call 480-644-4950 for program information.

254160-11	Ages 6 18.99 First week cla	Begins 06/01/2010 ass meets Tues	<b>Ends</b> 06/10/2010 -Fri.	<b>Days</b> MTuWTh	Starts 10:00 AM	<b>Ends</b> 10:30 AM	<b>Location</b> Rhodes Junior High Pool	<b>Res/NR Fee</b> \$21.00/\$25.00	Min 4	<b>Max</b> 8
254160-12	6 18.99 First week cla	06/01/2010 ass meets Tues	06/10/2010 -Fri.	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254160-13	6 18.99 First week cla	06/01/2010 ass meets Tues	06/10/2010 -Fri.	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254160-21 254160-22 254160-31	6 18.99 6 18.99 6 18.99	06/14/2010	06/24/2010 06/24/2010 07/08/2010	MTuWTh MTuWTh MTuWTh	10:00 AM 10:35 AM 10:00 AM	10:30 AM 11:05 AM 10:30 AM	Rhodes Junior High Pool Rhodes Junior High Pool Rhodes Junior High Pool	\$21.00/\$25.00 \$21.00/\$25.00 \$21.00/\$25.00	4 4 4	8 8 8

254160-32	6	18.99 06/28/2010	07/08/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254160-41	6	18.99 07/12/2010	07/22/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254160-42	6	18.99 07/12/2010	07/22/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8

# 254165 - Rhodes-Inter. Diving Lessons

In intermediate diving our instructors follow a plan to introduce new diving skills and build on ones previously learned. \$5 non-refundable fee for all program cancellations. Please call 480-644-4950 for program information.

	Ages		Begins	Ends	Days	Starts	Ends	Location	Res/NR Fee	Min	Max
254165-23	6	18.99	06/14/2010	06/24/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254165-33	6	18.99	06/28/2010	07/08/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8
254165-43	6	18.99	07/12/2010	07/22/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	4	8

# 254190 - Rhodes Pool-Flow Rider Lessons

This new and exciting camp gives athletes the opportunity to spend daily time learning basic flowrider skills from coaches in a closed session and low student to teacher ratios. Safety, boogie board riding, flowboard basics, moves like spins, dips, stand up jumps, drop-in entries and other tricks may be covered as the students progress. Riders must be 42" tall to ride the boogie board and 52" tall to ride the stand up boards. Parent/guardian must sign a liability waiver and provide a copy of picture ID before camp participation. \$5 non-refundable fee for all program cancellation. For program information please call 480-644-4950.

	Ages		Begins	Ends	Days	Starts	Ends	Location	Res/NR Fee	Min	Max
254190-11	8	99.99	06/01/2010	06/10/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254190-12	8	99.99	06/01/2010	06/10/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254190-13	8	99.99	06/01/2010	06/10/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254190-14	8	99.99	06/01/2010	06/10/2010	MTuWTh	11:45 AM	12:15 PM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254190-21	8	99.99	06/14/2010	06/24/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254190-22	8	99.99	06/14/2010	06/24/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254190-23	8	99.99	06/14/2010	06/24/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254190-24	8	99.99	06/14/2010	06/24/2010	MTuWTh	11:45 AM	12:15 PM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254190-31	8	99.99	06/28/2010	07/08/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254190-32	8	99.99	06/28/2010	07/08/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254190-33	8	99.99	06/28/2010	07/08/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254190-34	8	99.99	06/28/2010	07/08/2010	MTuWTh	11:45 AM	12:15 PM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254190-41	8	99.99	07/12/2010	07/22/2010	MTuWTh	10:00 AM	10:30 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254190-42	8	99.99	07/12/2010	07/22/2010	MTuWTh	10:35 AM	11:05 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254190-43	8	99.99	07/12/2010	07/22/2010	MTuWTh	11:10 AM	11:40 AM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12
254190-44	8	99.99	07/12/2010	07/22/2010	MTuWTh	11:45 AM	12:15 PM	Rhodes Junior High Pool	\$21.00/\$25.00	6	12

# 254200 - Rhodes-Lunchtime Fitness Swim

One hour of open lap swim for adults and self motivated teens who want to work on swimming and cardio fitness. Instructor will provide workouts and stroke technique correction advice for participants to help them maximize their swimming workout experience.\$5 non-refundable fee for all program cancellations. Please call 480-644-4950 for program information.

	Ages		Begins	Ends	Days	Starts	Ends	Location	Res/NR Fee	Min	Max
254200-14	14	99.99	06/01/2010	07/23/2010	MTuWThF	11:45 AM	12:45 PM	Rhodes Junior High Pool	\$60.00	10	20

# 254303 - Rhodes - Lifeguard Training

This course is designed to teach lifeguarding responsibilities and rescue skills, to certify participants for potential employment. Class includes CPR/AED for the Professional Lifeguard certification. Class size is limited to 10 participants and is taught Monday-Friday. Course pre-requisite skills tested on the first day: 1. Swim 300 yards continuously using freestyle and backstroke. 2. Swim 20 yards, surface dive to a depth of 10 feet and retrieve a 10 pound object, return to the surface and swim 20 yards back to the starting point with the object in both hands (head out of water), and climb out of the pool without using the steps of ladder in under 1 minute 40 seconds. Come prepared to swim on the first day. Participants must be 15 years or older by the last day of class. Proof of age required first class day, bring ID or birth certificate on the first day.NO REFUNDS FOR THIS CLASS. ALL REGISTRATIONS ARE FINAL.

	Ages		Begins	Ends	Days	Starts	Ends	Location	Res/NR Fee	Min	Max
254303-21	15	99.99	06/14/2010	06/24/2010	MTuWThF	9:00 AM	12:15 PM	Rhodes Junior High Pool	\$125.00	5	11

#### 254305 - Rhodes Pool - Guard Start

Guard Start is a service learning approved volunteer program for teens interested in work experience in preparation for a lifeguarding job. Participants will be given instruction in: assisting with swimming lessons, event leadership, pool safety, emergency response, and professionalism. After this one week class, participants are asked to volunteer a minimum of 30 hours at the pool over the next 2 months. Volunteers are able to give of their time in various programs and events and will be supervised by facility management. Participants must be able to swim 200 yards continuously, tread water for 60 seconds and surface dive and swim under water for a minimum 10 yards. For ages 13-15. \$5 non-refundable fee for all program cancellations. For additional information about this program contact Mark Foote - 480-644-4951 / mark.foote@mesaaz.gov

254305-11	Ages 13 16.99 Class on Frid		<b>Ends</b> 06/04/2010	<b>Days</b> TuWThF	Starts 10:00 AM	<b>Ends</b> 12:15 PM	<b>Location</b> Rhodes Junior High Pool	<b>Res/NR Fee</b> \$35.00	<b>Min</b> 5	<b>Max</b> 9
254305-12	13 16.99	06/07/2010	06/10/2010	MTuWTh	10:00 AM	12:15 PM	Rhodes Junior High Pool	\$35.00	5	9

# 254308 - Veteran Guard Start-Rhodes

This program is ONLY for participants who completed the Summer 2009 Guard Start Program with the City of Mesa. First day of class is Wednesday, June 2. Remember to bring your availability and vacation requests at this time. Remainder of class dates and times will be determined the first day of class, and will be determined by pool management staff. Participants may be called prior to June 2, by a manager to begin service hours early. \$5 non-refundable fee for all program cancellations and transfers. For additional information please call 480-644-4951.

	Ages		Begins	Ends	Days	Starts	Ends	Location	Res/NR Fee	Min	Max
254308-11	13	16.99	06/02/2010	07/30/2010	W	9:00 AM	10:00 AM	Rhodes Junior High Pool	\$20.00	6	12

#### 254401 - Rhodes Pool - Swim Team

Summer recreation swim team provides a fun environment for your child to learn and improve stroke technique, increase fitness, and socialize in a positive team setting. This interactive 6-8 week program offers 1 hour practices 4 days a week. A weekly competition among other City teams provides an opportunity for interaction with others and is a great event for the whole family. The season closes in tournament style with qualifying and league championship meets. These meets bring participants from all over the City together for a competition and awards are provided. Competitive Ruling: Any athlete participating in any USA sanctioned, YMCA, country club, or any other organized competitive program after March 31, 2010 will not be eligible for the 2010 City summer recreational team programs. If you have questions about participation please call Aimee Manis at 480-644-4950 or Lynn Adkins at 480-644-4226. Between April 19 and May 12, 2010, registration for aquatic team membership will only be permitted to those families who reside in the MPS boundary for that Jr. High. Starting May 13, 2010 registration for aquatic teams will be open to anyone. On-site aquatic team registration will begin May 29 during public swimming hours at each facility. Full refund if cancellation made by 5pm on June 3, 50% refund if cancellation made by 5pm on June 10, After June 10 no refunds. Team suits are available and can be purchased at East Valley Sports located at 6306 E Main St 480-832-8172, or Ski Pro located at 1924 W. 8th St. 480-962-6910.

Ages	Begins	Ends	Davs	Starts	Ends	Location	Res/NR Fee	Min	Max
Aucs	Deallio	Liius	Dava	Jiaiis	Liius	Location	1/63/141/ 1 66	141111	IVIAA

254401-11 17.99 06/01/2010 07/23/2010 MTuWTh 7:00 AM 8:00 AM Rhodes Junior High Pool \$60.00/\$72.00 Eligiblility requirement - 11 & older swimmers must be able to swim 50 yards (2 laps continuous) using any stroke to join the swim team. Ask for participant handbook on first day. 8:00 AM Rhodes Junior High Pool 254401-12 12.99 06/01/2010 07/23/2010 MTuWTh 7:00 AM \$60.00/\$72.00 Eligiblility requirement - 11 & older swimmers must be able to swim 50 yards (2 laps continuous) using any stroke to join the swim team. Ask for participant handbook on first day. 254401-13 07/23/2010 MTuWTh 8:00 AM 9:00 AM Rhodes Junior High Pool \$60.00/\$72.00 15 10.99 06/01/2010 64 Eligibility requirement - 10 & under swimmers must be able to swim one lap across the pool (25 yards) without assistance, using any stroke to join the swim team. Ask for participant handbook on first day. 5 8.99 06/01/2010 07/23/2010 MTuWTh \$60.00/\$72.00 15 64 254401-14 9:00 AM 10:00 AM Rhodes Junior High Pool Eligiblility requirement - 10 & under swimmers must be able to swim one lap across the pool (25 yards) without assistance, using any stroke to join the swim team. Ask for participant handbook on first day.

## 254420 - Rhodes Pool-Dive Team

Summer recreation dive team provides a fun environment for your child to learn and improve diving techniques, learn new dives, and socialize in a positive team setting. This interactive 6-8 week program offers 1 hour practices 4 days a week. A weekly competition among other City teams provides an opportunity for interaction with others and is a great event for the whole family. The season closes in tournament style with qualifying and league championship meets. These meets bring participants from all over the City together for a competition and awards are provided. Competitive Ruling: Any athlete participating in any USA sanctioned, YMCA, country club, or any other organized competitive program after March 31, 2010 will not be eligible for the 2010 City summer recreational team programs. If you have questions about participation please call Aimee Manis at 480-644-4950 or Sharon Webster at 480-644-4226. Between April 19 and May 12, 2010, registration for aquatic team membership will only be permitted to those families who reside in the MPS boundary for that Jr. High. Starting May 13, 2010 registration for aquatic teams will be open to anyone. On-site aquatic team registration will begin May 29 during public swimming hours at each facility.Full refund if cancellation made by 5pm on June 3, 50% refund if cancellation made by 5pm on June 10, After June 10 no refunds. Team suits are available and can be purchased at East Valley Sports located at 6306 E Main St 480-832-8172, or Ski Pro located at 1924 W. 8th St. 480-962-6910.

	Ages	Begins	Ends	Days	Starts	Ends	Location	Res/NR Fee	Min	Max
254420-11	11 17.99	06/01/2010	07/23/2010	MTuWTh	8:00 AM	9:00 AM	Rhodes Junior High Pool	\$60.00/\$72.00	15	20
	Eligiblility red	uirement - Dive	rs must be abl	e to demonstrate e	fficient swimm	ing skills in de	eep water, front and back diving	skills and a 3 step I	nurdle.	
254420-12			07/23/2010		9:00 AM		3	\$60.00/\$72.00	15	20
Eligiblility requirement - Participants must be at least 6 years old by June 1, 2010. Divers must be able to demonstrate efficient swimming skills in deep water, front and										
back diving s	kills and a 3 ste	p hurdle.								

# 254430 - Rhodes Pool-Synchro Team

Summer Synchronized swim team provides a fun environment for your child to learn and improve synchro figures, learn new skills, and participate in team routines. This interactive 6-8 week program offers 1 hour practices 4 days a week. A weekly competition among other City teams provides an opportunity for interaction with others and is a great event for the whole family. The season closes with routine qualifying and championship meets. These meets bring athletes from all over the City together for a competition and awards are provided. Competitive Ruling: Any athlete participating in any USA sanctioned, YMCA, country club, or any other organized synchronized swimming program after March 31, 2010 will not be eligible for the 2010 City summer recreational team programs. If you have questions about participation please call Aimee Manis at 480-644-4950 or Leah Ruane at 480-644-4226. Between April 19 and May 12, 2010, registration for aquatic team membership will only be permitted to those families who reside in the MPS boundary for that Jr. High. Starting May 13, 2010 registration for aquatic teams will be open to anyone. On-site aquatic team registration will begin May 29 during public swimming hours at each facility.Full refund if cancellation

made by 5pm on June 3, 50% refund if cancellation made by 5pm on June 10, After June 10 no refunds. Team suits are available and can be purchased at East Valley Sports located at 6306 E Main St 480-832-8172, or Ski Pro located at 1924 W. 8th St. 480-962-6910.

	Ages	Begins	Ends	Days	Starts	Ends	Location	Res/NR Fee	Min	Max	
254430-11	11 17.99	06/01/2010	07/23/2010	MTuWTh	6:00 AM	7:00 AM	Rhodes Junior High Pool	\$60.00/\$72.00	15	25	
	Eligiblility red	uirement - Part	icipants must b	e at least 6 years	old by June 1,	2010. Swimn	ners must be able to demonstrat	te efficient swimmin	g skills in	deep water, and	
must be able to swim one lap across the pool using any stroke.											

254430-12 6 10.99 06/01/2010 07/23/2010 MTuWTh 7:00 AM 8:00 AM Rhodes Junior High Pool \$60.00/\$72.00 15 25
Eligiblility requirement - Participants must be at least 6 years old by June 1, 2010. Swimmers must be able to demonstrate efficient swimming skills in deep water, and must be able to swim one lap across the pool using any stroke.

# 254440 - Rhodes Pool-Water Polo Team

Summer recreation Water Polo team provides a fun environment for your child to learn the fast-paced and exciting game of water polo. This sport combines the strategies of basketball, hockey and soccer all in the cool pool. This interactive 7 week program offers 1 hour practices 3 days a week. A weekly scrimage among other teams provides an opportunity for interaction with others and is a great event for the whole family. The season closes with a City wide tournament and awards are provided. Competitive Ruling: Any athlete participating in any USA sanctioned, YMCA, country club, or any other organized synchronized water polo program after March 31, 2010 will not be eligible for the 2010 City summer recreational team programs. If you have questions about participation please call Aimee Manis at 480-644-4950 or Lynn Adkins at 480-644-4226. Between April 19 and May 12, 2010, registration for aquatic team membership will only be permitted to those families who reside in the MPS boundary for that Jr. High. Starting May 13, 2010 registration for aquatic teams will be open to anyone. On-site aquatic team registration will begin May 29 during public swimming hours at each facility. Full refund if cancellation made by 5pm on June 10, After June 10 no refunds. Team suits are available and can be purchased at East Valley Sports located at 6306 E Main St 480-832-8172, or Ski Pro located at 1924 W. 8th St. 480-962-6910.

	Ages	Begins	Ends	Days	Starts	Ends	Location	Res/NR Fee	Min	Max
254440-11	10 12.99	06/01/2010	07/23/2010	MWF	5:00 PM	6:00 PM	Rhodes Junior High Pool	\$60.00/\$72.00	15	20
	Players must	be able to swim	n 50 yards (two	continuous laps) u	sing any strok	e, and demon	strate efficient swimming skills in	n deep water.		
254440-12			07/23/2010				· · · · · · · · · · · · · · · · · · ·	\$60.00/\$72.00	15	20
	Players must	t be able to swim	n 50 yards (two	continuous laps) u	sing any strok	e, and demon	strate efficient swimming skills ir	n deep water.		